

# VIRGINIA PTA STUDENT PROGRAMS

## CITIZENSHIP ESSAY PROJECT

**Deadline: February 1, 2018**

Theme: What Does it Mean to Dream Big?

Each winter, our students write an essay on a student-selected citizenship theme. These essays are judged at the District level, and then at our Virginia PTA state level.

Students in grades Pre-K through grade 12 may participate.



For more information about all of these programs, visit [www.vapta.org](http://www.vapta.org).

## POWER PLATES

**Deadline: February 23, 2018**

Power Plates is a student recipe contest that allows students to practice healthy eating habits by submitting their own recipes in five categories:

- Breakfast
- Lunch
- Snack
- Dinner Entrée or Side Dish
- Dessert

Students in grades Pre-K through grade 12 are eligible to participate.



**Virginia  
PTA**

*everychild.onevoice.*



## REFLECTIONS ARTS PROGRAM

**Deadline: Varies by Council or District**

Theme: Within Reach

Check your Council or District deadline at [www.vapta.org/events/reflections-deadlines](http://www.vapta.org/events/reflections-deadlines).

The Reflections Arts Program welcomes students in Pre-K through grade 12 explore and be involved in the arts by creating a theme-based artwork in these categories:

- Dance Choreography
- Film Production
- Literature
- Musical Composition
- Photography
- Visual Arts

Awards presented to our students are Outstanding Interpretation, Award of Excellence, Award of Merit, and may include Honorable Mentions.

## SCHOLARSHIP PROGRAM

**Deadline: March 1, 2018**

Each spring, Virginia PTA is excited to offer scholarships to our graduating seniors. Two \$1,200 scholarships are awarded as well as additional \$1,000 scholarships to eligible students.